

This clinic has a registered nurse



Registered nurses in primary care are also known as "family practice nurses" and "primary care nurses"

### THE REGISTERED NURSE MAY:



provide prenatal care, well-baby check-ups, pap and annual exams

connect/refer you to other professionals, services and support in your community



help you navigate the healthcare system and transitions between settings



provide mental health and addictions support



perform routine immunizations

work with you to understand your medications



conduct preventative screening



support illness management (diabetes, asthma, COPD, heart disease, high blood pressure, etc.)



coordinate and implement primary care-based programs for healthy living

provide health education



Registered nurses in primary care serve **INDIVIDUALS OF ALL AGES** and form **LONG TERM, CONTINUOUS** relationships with patients



There are specific competencies that guide their practice. They include:

- 1 professionalism
- 2 clinical practice
- 3 communication
- 4 collaboration and partnership
- 5 quality assurance, evaluation and research
- 6 leadership

Depending on the reason for your visit, you may see a registered nurse and another member of the healthcare team.

There may also be times when you only see the registered nurse.

Want to learn more? The Canadian Family Practice Nurses Association represents and advocates for registered nurses in primary care across Canada. Visit their website [cfpna.ca](http://cfpna.ca), or contact them via email at [cfpna.executive@cfpna.ca](mailto:cfpna.executive@cfpna.ca)